

STARSkate FREE SKATE Events:

Categories will be divided by age if necessary. Maximum age 24

INTRODUCTORY FREE SKATE

Groups will be divided by age with no group larger than 12 skaters.

May not have passed any part of any Skate Canada Free Skate, Skills, or Complete Preliminary Dance Tests. Must be a first year competitor (not competed in anything but a CanSkate festival in 2010-2011 season).

Program length 1:30 minutes +/- 10 seconds.

A: 9 years or under; **B:** 10 – 18 years

Program may include:

1) Maximum of 4 jump elements from the following jumps:

- a) bunny hop
- b) waltz jump
- c) salchow
- d) toe loop or toe loop/toe loop combination

2) Maximum of 2 spins:

- e) one foot upright spin
- f) and either a camel or sit spin

3) a spiral and connecting steps

4) Deductions of .5 will be made for executed elements that are not listed. Quality is important.

PRIMARY FREE SKATE

Groups will be divided by age with no group larger than 12 skaters.

May have passed any part of any Skate Canada Free Skate, Skills, or Complete Preliminary Dance Tests.

Skaters may only compete in this category for one skating season.

Program length 1:30 minutes +/- 10 seconds.

A: 9 years or under; **B:** 10 – 18 years

Program may include:

1) Maximum of 4 jump elements from the following jumps:

- a) waltz jump, required
- b) salchow
- c) toe loop or toe loop/toe loop combination
- d) loop
- e) flip

2) Maximum of 2 spins:

- f) one foot upright spin
- g) and either a camel or sit spin

3) a spiral and connecting steps

4) Deductions of .5 will be made for executed elements that are not listed. Quality is important.

PRE-PRELIMINARY FREE SKATE

Groups will be divided by age with no group larger than 12 skaters.

Must not have passed the complete Preliminary Free Skate Test.

Program length: 1:30 +/- 10 seconds

- 1) Maximum six jump elements:
 - a) No jump higher than a single Lutz
 - b) Must include at least one waltz jump
 - c) Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.

- 2) Maximum of two spins:
 - a) No flying spins permitted
 - b) One spin must be in one position, not in combination, no change of foot
 - c) Maximum one may be a combination spin, no change of foot
- 3) Maximum one step sequence or spiral sequence

PRELIMINARY FREE SKATE

Groups will be divided by age with no group larger than 16 skaters.

May have passed the Preliminary Free Skate Test but no higher complete Free Skate test.

Program length: 1:30 minutes +/- 10 seconds

- 1) Maximum six jump elements:
 - a) All single jumps permitted and maximum of 1 double jump which may be a double salchow or double toe loop.
 - b) Must include at least one Axel type jump (waltz or single Axel)
 - c) Maximum two combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence. The double jump may not be repeated.
- 2) Maximum of two spins of any nature:
 - a) Maximum one may be a flying spin
 - b) One spin of any nature
- 3) Maximum one step or spiral sequence

JUNIOR BRONZE FREE SKATE

May have passed the Junior Bronze Free Skate Test but no higher complete Free Skate test.

Program length: 2:00 minutes +/- 10 seconds

All elements will be called no higher than Level 1

- 1) Maximum of six jump elements:
 - a) All single jumps permitted and maximum two double jumps which may be up to and including a double loop
 - b) Must include at least one Axel type jump (waltz or single Axel)
 - c) Maximum of two combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated must be in combination or sequence. The double jumps may not be repeated.
- 2) Maximum of three spins:
 - a) One spin must be a combination spin (change of foot mandatory).
 - b) One spin must be a flying spin.
 - c) One spin of any nature.
- 3) Maximum one step or spiral sequence.

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

SENIOR BRONZE FREE SKATE

May have passed the Senior Bronze Free Skate Test but no higher complete Free Skate test.

Program length: 2:30 minutes +/- 10 seconds

All elements will be called no higher than Level 1

- 1) Maximum of six jump elements:
 - a) All single and double jumps permitted except double axel
 - b) Must include at least one Axel type jump (waltz or single Axel)
 - c) Maximum of three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.
- 2) Maximum of three spins:
 - a) One spin must be a combination (change of foot mandatory).
 - b) One Spin must be a flying spin in one position with no change of foot.
 - c) One spin of any nature.
- 3) Maximum one step or spiral sequence.

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

JUNIOR SILVER FREE SKATE

May have passed the Junior Silver Free Skate Test but no higher complete Free Skate test.

Program length: 3:00 minutes +/- 10 seconds

All elements will be called no higher than Level 1

- 1) Maximum of six jump elements:
 - a) All jumps permitted
 - b) Must include at least one Axel type jump (waltz or Axel type)
 - c) Maximum of three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.
- 2) Maximum of three spins:
 - a) One spin must be a combination (change of foot mandatory)
 - b) One Spin must be a flying spin in one position with no change of foot.
 - c) One spin of any nature
- 3) Maximum one step or spiral sequence

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

SENIOR SILVER FREE SKATE

May have passed the Senior Silver Free Skate Test but no higher complete Free Skate test.

Program length: 3:00 minutes +/- 10 seconds

- 1) Maximum of six jump elements:
 - a) All jumps permitted
 - b) Must include at least one Axel type jump (waltz or Axel type)
 - c) Maximum of three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.
- 2) Maximum of three spins:
 - a) One spin must be a combination (change of foot mandatory)
 - b) One spin must be a flying spin one position with no change of foot.
 - c) One spin of any nature

3) Maximum one step or spiral sequence.

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

GOLD FREE SKATE

May have passed the Gold Free Skate Test.

Program 3:30 minutes +/- 10 seconds for women and 4 minutes +/- 10 seconds for men

- 1) Maximum of six jump elements for women and seven jump elements for men:
 - a) All jumps permitted
 - b) Must include at least one Axel type jump (waltz or Axel type)
 - c) Maximum of three combinations or sequences. Jump combinations may contain no more than two jumps.
 - d) No jump included more than twice and if a jump is repeated it must be in combination or sequence.

Note: One additional jump may be included if it is an attempted double axel or any attempted triple jump.

- 2) Maximum of 3 spins:
 - a) One spin must be a combination (change of foot mandatory)
 - b) One spin must be a flying spin one position with no change of foot.
 - c) One spin of any nature
- 3) Maximum one step or spiral sequence.

Note: the first step or spiral sequence included in the program which meets the minimum requirements to be identified will be counted.

INTERPRETIVE Events:

(Women & Men compete independently)

Program length for all categories: Minimum length – 2:00 minutes; Maximum length – 3:00 minutes.

******may be divided according to free skate test level if necessary**

PRE INTRODUCTORY INTERPRETIVE Must not have passed any Skate Canada interpretive skating test.

INTRODUCTORY INTERPRETIVE Must have passed the Introductory Interpretive test but no higher.

BRONZE INTERPRETIVE Must have passed the Bronze Interpretive test, but no higher.

SILVER INTERPRETIVE Must have passed the Silver Interpretive test, but no higher.

GOLD INTERPRETIVE Must have passed the Gold Interpretive test.

SOLO DANCE Events:

Category A: Open to athletes who have passed the Senior Bronze Dance test, but no higher complete dance test. Athletes will be grouped by age according to the following breakdown (as of July 1 prior to the competition)

- U15 – Under 15 years of age
- U18 – Under 18 years of age
- Open – 18 years of age or older

Dances skated will be Keats' Foxtrot and Harris Tango

Category B: Open to athletes who have passed the Junior Silver Dance test, but no higher complete dance test. Athletes will be grouped by age according to the following breakdown (as of July 1 prior to the competition)

- U15 – Under 15 years of age
- U18 – Under 18 years of age
- Open – 18 years of age or older

Dances skated will be Cha Cha and Starlight Waltz

Category C: Open to athletes who have passed the Senior Silver Dance test, but no higher complete dance test. Athletes will be grouped by age according to the following breakdown (as of July 1 prior to the competition)

- U18 – Under 18 years of age
- Open – 18 years of age or older

There are 2 segments to be competed in this category and they will be considered separate events. Skaters may enter either the compulsory or the short dance, or both.

Dances skated will be Silver Samba and Blues

Short Dance designated pattern dance rhythm Starlight, second optional rhythm Quickstep

Category D: Open to athletes who have passed the Gold Dance test. There is no age categorization at this level.

There are 2 segments to be competed in this category and they will be considered separate events. Skaters may enter either the compulsory or the short dance, or both.

Dances skated will be Rhumba and Westminster

Short Dance designated pattern dance rhythm Argentine Tango, second optional rhythm Waltz

STARSkate DANCE Events:

Dance teams may be composed of two females, one female and one male or two males and competitors may enter only one compulsory dance event.

PRELIMINARY DANCE

At least one partner must have passed the complete Preliminary dance test and not the complete Junior Bronze dance test. Dutch Waltz and Baby Blues

JUNIOR BRONZE DANCE

At least one partner must have passed the complete Junior Bronze dance test and not the complete Senior Bronze dance test. Swing and Fiesta Tango.

STARSkate PAIR Events:

OPEN PAIR

Each partner must have passed at least the preliminary free skate test. Composition of partners is one male and one female. There are no other restrictions.

One free program of 2:30 minutes +/- 10 seconds

- a) Maximum of two different lifts, each lift must be from group 1. Lifts must not include a change of position.
- b) Maximum of one throw jump.
- c) Maximum of one solo jump.
- d) Maximum of one pair spin (may be in combination)
- e) Maximum of one solo spin (may be in combination)
- f) Maximum of one spiral figure or death spiral
- g) Maximum of one step sequence (straight line, circular or serpentine) or spiral sequence.

All lifts, solo spins, pair spins, spiral figures or death spirals and step sequences shall be called no higher than Level 1 regardless of content.

STARSkate TEAM Events:

Teams will consist of 4 skaters, (in case of sickness a team of 3 will be allowed to compete), each skater will skate one element, (in the case of sickness 1 skater will skate 2 elements). A skater cannot skate for 2 different teams at the same competition. Skaters may skate up a category. **For the Senior Bronze Teams and above, a team must consist of STARSkaters and no more than one competitive skater.**

PRE PRELIMINARY TEAM

Must have passed a Skate Canada Free Skate test, but not the complete Preliminary Free Skate test.

- Salchow
- Toe loop
- Sitspin
- Spiral

PRELIMINARY TEAM

May have passed the Preliminary Free Skate test, but not the complete Junior Bronze Free Skate test.

- Loop
- Lutz
- Camel spin
- Footwork across width of the ice

JUNIOR BRONZE TEAM

May have passed the complete Junior Bronze Free Skate test, but not the complete Senior Bronze Free Skate test.

- Lutz / loop combination
- Axel
- Camel / sit spin
- Spiral with a change of edge

SENIOR BRONZE TEAM

May have passed the complete Senior Bronze Free Skate test, but not the complete Junior Silver Free Skate test. Must not have passed a competitive singles test. One skater may have passed the Juvenile Singles test, but not the Pre Novice Singles test

- Double salchow
- Axel double toe combination
- Flying camel spin
- Circular footwork sequence

JUNIOR SILVER TEAM

May have passed the complete Junior Silver Free Skate test, but not the complete Senior Silver Free Skate test. One skater may have passed the Pre Novice Singles test, but not the Novice Singles test

- Double loop / double loop
- Double flip
- Flying camel / back sit spin
- Layback

OPEN TEAM

May have passed the complete Senior Silver Free Skate test.

One skater may have passed the Novice Free Skate test, but not the Junior Singles test

- Double lutz / double toe loop
- Double flip / double loop
- Flying sit spin

- Circular Footwork sequence

COMPETITIVE EVENTS

Check the Skate Canada website www.skatecanada.ca regularly for well balanced program information.

PRE JUVENILE SINGLES

Passed the complete Junior Bronze F/S test, but no higher. May **not** have passed the Juvenile Singles Test.

Program time: 2:30. (\pm 10 sec.).

Women Must be 10 and under as of 1 July 2011.

Men Must be 12 and under as of 1 July 2011.

JUVENILE SINGLES

Passed (or testing) the Juvenile Singles test or higher. Program time: 2:30 min. (\pm 10 sec.)

Women Must be 11 and under as of 1 July 2011.

Men Must be 12 and under as of 1 July 2011.

PRE NOVICE SINGLES

Passed (or testing) the Pre Novice Singles Competitive test or higher. Short Program time max 2:30 Free

Program time: 3:0 min. (\pm 10 sec.). No age division.

NOVICE SINGLES

Passed (or testing) the Novice Singles Competitive test or higher. Short Program time max 2:30 Free Program

time: Ladies: 3:0 minutes; Men: 3:30 minutes (\pm 10 sec.). No age division.

JUNIOR SINGLES

Passed (or testing) the Junior Singles Competitive test or higher. Skaters shall be 18 years of age or under as of 1 July 2010. Short Program time max 2:50 Free Program time: Ladies: 3:30 minutes; Men: 4:0 minutes (\pm 10 sec.).

SENIOR SINGLES

Passed (or testing) the Senior Singles Competitive test. Short Program time max 2:50 Free Program time:

Ladies: 4:0 minutes; Men: 4:30 minutes (\pm 10 sec.). No age division.

JUVENILE DANCE: Must have passed the complete Junior Bronze Dance test or higher.

Compulsory Dances: Fiesta and European Waltz

Free Dance: 2:00 minutes (+/- 10 sec)

PRE-NOVICE DANCE: Must have passed the Pre-Novice Competitive Dance test and the complete Senior Bronze Dance test or higher.

Compulsory Dance Sectional Level: Keats Foxtrot and Harris Tango

Free Dance: 2:30 minutes (+/- 10 sec)

JUVENILE PAIR: Must have passed the Juvenile Pair test or higher.

Free Dance: 2:30 minutes (+/- 10 sec)

PRE-NOVICE PAIR: Must have passed the Pre-Novice Competitive Pair test or higher.

Short Program: max 2:40 minutes

Free Dance: 3:00 minutes (+/- 10 sec)

Short Program: max 2:40 minutes

Check the Skate Canada website www.skatecanada.ca regularly for well balanced program information.

ADULT FREE SKATE

Open to skaters 25 years or older. Women and men compete independently.

PRELIMINARY ADULT FREE SKATE - Must not have passed a complete Free Skate test.

Max 2:00 minutes

BRONZE ADULT FREE SKATE - Must not have passed the complete Junior Bronze Free Skate test.

Max 2:40 minutes

SILVER ADULT FREE SKATE - Passed the Junior Bronze Free Style test, but not the complete Senior Bronze Free Skate test.

Max 3:10 minutes

GOLD ADULT FREE SKATE - Passed the Senior Bronze Free Skate but not the complete Junior Silver Free Skate test.

Max 3:40 minutes

MASTERS ADULT FREE SKATE – Passed the complete Junior Silver Free Skate test or higher.

Max 4:10 minutes

ADULT INTERPRETIVE EVENTS

ADULT INTRODUCTORY Open to any skater 25 years of age or older working on or passed the Introductory Interpretive Test.

ADULT BRONZE - Open to any skater 25 years of age or older who has passed the Bronze Interpretive Test or higher.

Check the Skate Canada website www.skatecanada.ca regularly for well balanced program information.